

FRENCH MANICURE



Yuswati FT UNY yuswati@uny.ac.id

MANICURE

- A **manicure** is a cosmetic beauty treatment for the fingernails and hands performed at home or in a nail salon.



MANICURE STEPS

- A manicure consists of
 - filing,
 - shaping of the free edge,
 - treatments,
 - massage of the hand and
 - the application of polish.

- For the hands, the soaking of a softening substance and the application of a [lotion](#) is a common specialty.



MANICURE

- Manicures began 5,000 years ago.



French manicures

- French manicures can be made with [artificial nails](#), which are designed to resemble natural ones, and are characterized by lack of base color, or natural pink base nails with white tips.



FRENCH MANICURE

- The tips of the nails are painted white while the rest of the nails are polished in a pink or a suitable nude shade.
- However, it is also as common to do a french manicure on natural nails. French manicures may have originated in 18th-century Paris and were popular in the 1920s and 1930s.



Tools

- Bowl of warm water or fingerbath
- [Nail clippers](#)
- Cuticle knife and clippers
- Cuticle pusher/Hoof stick – often made from metal or [orange wood](#)
- Nail file/emery board
- [buffer](#)
- scissors
- brush
- Orange Stick
- Manicure table
- Rubber thimble resembling object (used to help open polish)

MANICURE SET



TOOLS



Supplies:

- Cuticle remover
- Massage lotion
- [Nail polish](#)
 - Base coat polish & ridge filler polish
 - Color varnish
 - Top coat or sealant
- Nail bindi stick-on jewels
- [Nail polish remover](#) or nail polish remover wipes
- Hand cream
- Sanitizing spray/towels
- Cotton balls/pads
- Hand towels

MANICURE SUPPLY



MANICURE SUPPLY



BASIC MANICURE STEPS

- A manicure consists of
 - filing,
 - shaping of the free edge,
 - treatments,
 - massage of the hand and
 - the application of polish.

TUGAS

- BUAT PERENCANAAN PRAKTEK FRENCHS MANICURE
 - PERSIAPAN ALAT
 - PERSIAPAN KOSMETIK/ MANICURE SUPPLAY
 - TAHAPAN FRENCH MANICURE (sumber: You tube, Google, dg gambar2nya)
 - ALOKASI WAKTU 1 JAM
 - TULIS DAFTAR REFERENSI
 - SELASA DEPAN PRAKTEK.

- Logo (3 cm)
- PERENCANAAN PRAKTEK
FRENCH MANICURE

Gambar

Perencanaan praktek ini dibuat dalam rangka persiapan praktek mata kuliah Grooming dengan dosen:.....