



TOTS

B 3

EDUCARE

Jurnal Pengembangan Ilmu Ke-TK-an



PGTK



**F I P
U N Y**

Pengembangan Nilai-nilai Kejujuran, Keberanian, dan Cinta Damai Melalui Pembelajaran Berdasarkan Minat di TK Negeri 2 Yogyakarta

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Oleh : Supartinah

15 - 25

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Bermain untuk Membangun *Centre Of Mind* Anak Usia Dini

Oleh: Harun Rasyid* dan Sudarmanto

ABSTRACT

Playing activities become the prominent characteristics for early childhood. They need such kind of environment and condition that encourage them to be happy and fun from their surroundings as their vehicle of communication. This is useful for children to develop their brain capacity as the basic modal to improve teaching process in the future. They need an extensive time and proper place, free to move, and playing activities. Prohibiting the children and forcing them to study will extinguish their heart, interfere their mind intelligence and mind development, disturb their art of life. By playing, they will get a lot of experiences and something valuable and interesting, and also it will give significant contribution toward their behavior. Playing will help their growth, cognitive and social development, especially a certain skill related to teaching and learning process, such as verbalization, vocabulary, language comprehension, attention span, concentration, impulse control, curiosity, more problem solving strategies, cooperation, empathy, and group participation. Children can improve their experiences and knowledge through playing, from knowing nothing to knowing something new, and there will be great chance to learn. Playing activity is an excitement setting in education for early childhood as discoverers, learners, and creators. According to Froebel, studying and learning for early childhood are centered on children, not on the formal education. They can describe, paint or draw, listen to story, sing and dance, play, practice something will become new knowledge for the children. Knowledge and skill will be highly depend on physical and mental capacity that was processed continuously based on assimilation, accommodation, balancing in intelligence development, which need centre of mind, because centre of mind is closely related to the brain development process as the sources of thinking. So, they can not be apart from attention, interest, stimulus and motivation toward the information captured from their sense of hearing, sense of sight, and sense of groping. Children get information from their surroundings, and it is influenced by their five senses carried out by the brain labyrinth while they accept outside information as the material of thinking activities, because centre of mind is the intention to engage in a specific learning activity because the activity itself is interesting, enjoyable, or otherwise satisfying.

Key words: Building Center of Mind, Early Childhood, Playing Activities

PENDAHULUAN

Ciri khas yang sangat menonjol pada anak usia dini dan anak taman kanak-kanak ialah bermain. Bahkan sejak lahir anak sudah membutuhkan bermain melalui interaksi

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