

ACHIEVEMNT MAPING IN GYMNASTICS ATHLETE POPNAS X 2009

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ABSTRACT

Pekan Olahraga Pelajar Nasional takes place in Yogyakarta on November 2nd, 2009. From 33 provinces in Indonesia there are 23 provinces send their athletes and only 17 provinces send their gymnastics athlete.

The branch of sport in gymnastics competition, compete 20 number discipline whether men, woman, or in teams. In sport competition, there are 8 number for artistic men that are lantai, kuda pelana, ring shaped objects, meja lompat, palang sejajar and palang tunggal. There are 6 number for woman artistic competition, that are lantai, meja lompat, palang bertingkat, and balance block. Whereas for rhythmic gymnastics, that are rope, hoop, ball, and ribbon. There are 130 athletes that fighting, consist of 54 woman athlete and 76 men athlete. The gymnastic branch is fighting for 20 gold medals, 20 silver medals, and 20 bronze medals.

Resul of this competition shows that the most yield of gold medals from East Java is 7 gold, DKI Jakarta gets 5 gold, West Java gets 3 gold, Riau gets 2 gold, and respectively for Jambi, Central Java and West Sumatra get 1 gold. From 17 provinces which send their athletes, there are 10 provinces get medals and 7 provinces did not get medals.

Key words : Gymnastics Competition, POPNAS X

INTRODUCTION

Recently, Pekan Olahraga Pelajar Nasional was held in Yogyakarta, actually on November 2nd until November 11th, 2009. 23 provinces join by sending students ambassador as athletes to league in purpose the achievement goal could be reached. The usual things in this game festival is some contingents get many gold but another contingents return without bring medals that they have desired.

The branch of sport in gymnastics, there are 20 disciplines number that compete. It can satisfy all person when a contingent get many gold from that competition. Based on committee record POPNAS consist of 23 provinces, only 17 provinces are able to send gymnastics athletes. It means that people in this country not so to have interest in gymnastics, so the development of gymnastics in this country is blocked. However, this students game festival could be known that the whole provinces have schools.

Based on that background could be discussed why 6 provinces that is Banten, NTT, NTB, Central Kalimantan, North Sumatra and Bali do not send their athletes. In the other hand, from 17 provinces that have been in legal register, there is an achievement defect, and could be known which provinces get most medals from gymnastics sport.

PRINCIPLES ARRANGEMENT

Basic of fostering POPNAS X 2009 are:

- a. Regulation number 20 in 2003 about National Education System
- b. Regulation number 3 in 2005 about National Athletics System
- c. Rakernas BAPOPSI's result, 25 September 2007 in Samarinda
- d. Rakernas BAPOPSI's result, 29 April 2008 in Yogyakarta
- e. Deputi Bidang Peningkatan Prestasi and IPTEK Olahraga's letter as a general leader in central BAPOPSI number B.0222/D/Menpora/VI/2009 on June 13th, 2007 about POPNAS X host appointment 2009
- f. Region secretary's letter Pengprov DI Yogyakarta Number 426/2739 on July 13th, 2007 about readiness as POPNAS host

POPNAS PURPOSE

The point of sport achievement perfection to national students by doing national sport 2 yearly, the fostering of POPNAS X 2009 have purposes as below:

1. Motivate and encourage the student development in athlete potency
2. Arrange and increase the friendship, nation association and unity

3. Prepare a place and guiding facility for student's ability in sport, that would be built in central training such as PPLP and Sekolah Khusus Olahraga Ragunan
4. Prepare an evaluation facility to PLPT athlete building whole Indonesia, Sekolah Khusus Olahraga Ragunan and the other
5. POPNA's members have to obey competition stipulation honesty and do not a hardness and have to obey the competition rule according to sport branch which is followed

POPNAS RESULT IN GYMNASTICS

Competition Number

There are 8 number of artistic gymnastic competition for men, that is in team, all around individual and individual equipment; that is lantai, kuda pelana, ring shape object, meja lompat, palang sejajar, and palang tunggal. And 6 number of artistic gymnastic for woman is in team, all around individual, individual equipment: lantai, meja lompat, palang bertingkat, and balance block. For 6 number rhythmic gymnastics are: in team, all around individual, individual equipment: rope, hope, ball, and ribbon. There are 20 number competitions in fighting for 20 gold medals, 20 silver medals and 20 bronze medals.

Provinces that send their athletes IN POPNAS X 2009 as below:

**Table 1: LIST OF PROVINCES ARE SENDING ATHLETE TO COMPETE IN
POPNAS X 2009**

NO	CONTINGENT	ARTISTICS MAN	ARTISTICS WOMEN	RHYTMIC	TOTAL
1	EAST JAVA	2	1	4	7
2	DKI	4	4	3	11
3	WEST JAVA	4	4	3	11
4	RIAU	4	4	2	10
5	SOUTH SUMATRA	2	-	2	4
6	JAMBI	4	4	-	8
7	CENTRAL JAVA	4	4	3	11
8	WEST SUMATRA	4	4	3	11
9	NOTH SUMATRA	4	4	-	8
10	LAMPUNG	4	2	2	8
11	SOUTH KALIMANTAN	2	-	2	4
12	NORTH SULAWESI	3	1	1	5
13	BABEL	1	1	1	3
14	EAST KALIMANTAN	2	3	1	6
15	DIY	4	3	3	11
16	SOUTH SULAWESI	4	2	2	8
TOTAL		54	42	34	130

List of ratification from 17 provinces, there are 130 athletes are pronounced legal to follow POPNAS. The specification is 54 man athlete and 76 woman athlete, each discipline competition is followed by 54 artistic man athlete, and 42 artistic woman athlete and 34 rhythmic athlete.

Table 2 : Recapitulation of medals result in POPNAS X 2009

RANK	REGION	MAN ARTISTIC			WOMAN ARTISTIC			RHYTMIC			TOTAL		
		GOLD	SILVER	BRONZE	GOLD	SILVER	BRONZE	GOLD	SILVER	BRONZE	GOLD	SILVER	BRONZE
1	EAST JAVA	3		2	4	1				1	7	1	3
2	DKI	1				1	2	4	1		5	2	2
3	WEST JAVA	1		1	1		1	1	2		3	2	2
4	RIAU	1		1	1	1					2	1	1
5	SOUTH SUMATRA	1	3			2	1				1	5	1
6	JAMBI	1		1		1			1	3	1	2	4
7	CENTRAL JAVA			1			1	1	1		1	1	2
8	WEST SUMATRA		2	1			1				0	2	2
9	NORTH SUMATRA		1	1					1	1	0	2	2
10	LAMPUNG		2							1	0	2	1
11	SOUTH KALIMANTAN										0	0	0
12	NORTH SULAWESI										0	0	0
13	BABEL										0	0	0
14	EAST KALIMANTAN										0	0	0
15	DIY										0	0	0
16	SOUTH SULAWESI										0	0	0
17	BENGKULU										0	0	0
TOTAL		8	8	8	6	6	6	6	6	6	20	20	20

From that recapitulation, the spread in getting medals for man artistic gymnastics, woman artistic gymnastics and rhythmic would be explained as below:

Man Artistic Gymnastics

The first champion for team is East Java, second South Sumatra and third is West Java. For all around gold championship is reached by Dwi Samsul Arifin from East Java, then silver medal is reached by Ananda Chodio from South Sumatra and Dani Pratama from East Java gets bronze medal.

In individual equipment championship; for lantai equipment, gold medal is reached by Ananda Chodio from South Sumatra, Tyo Rufinaldo from West Sumatra gets silver medal, and bronze medal is reached by Bima Satria S. from North Sumatra. In kuda pelana equipment; gold medal is reached by Gustian Abimanyu from Jambi, silver medal is gotten by Septian Gilbert from North Sumatra, and bronze medal is gotten by Nur Huda from Central Java. For ring shaped object, gold medal is gotten by Dwi Samsul A. from East Java, silver medal is reached by Yuridhistira Alfian from Lampung, and M. Aprizal from Riau gets bronze medal. In meja lompat equipment, gold medal is reached by Ahmad M. from West Java, Fadlul Ra'ma from West Sumatra gets silver medal, and bronze medal is gotten by Dani Pratama from East Java.

In palang sejajar equipment, gold medal is reached by Trisna Ramadhany from DKI Jakarta, silver medal is reached by Fajar Abdul R. from South Sumatra, and bronze medal is reached by Ahmad Mahdi from West Java. For palang tunggal equipment, gold medal is reached by Agung Suci TA from Riau, silver medal is reached by Naufal Azhari from Lampung, and Gustian from Jambi gets bronze medal.

Woman Artistic Gymnastics

The first champion for woman team artistic gymnastic for gold medal is reached West Java, silver medal is reached South Sumatra and bronze medal is reached West Java. For all around championship; gold medal is reached by Taszya Miranda from East Java, Amalia Fauzia from East Java get silver medal, and bronze medal is gotten by Amartiani from DKI.

On the scrambling of championship equipment; for meja lompat, gold medal is reached by Taszya Miranda from East Java, then silver medal by Amartiani from DKI and bronze medal is reached by Iim Imaroh from South Sumatra. For palang tunggal equipment, Irene C. from West Java gets gold medal, Yessi Saga from South Sumatera gets silver medal, and bronze medal is reached by Amartiani from DKI.

For balance block, Rindu Pertiwi from Riau gets gold medal, then followed Marisa Deli from Jambi gets silver medal, and Arini Permatasari from Central Java gets

bronze medal. In lantai equipment, gold medal is reached by Irene Cahya from West Java, Intan Permata from West Sumatra gets silver medal, and bronze medal is reached by Dewi Mustika from Riau.

Rhythmic

The champion for rhythmic gymnastic team; gold medal is reached DKI Jakarta, silver medal is reached West Java and Jambi gets bronze medal. For all around championship; Dinda Defriana from DKI Jakarta gets gold medal, Nabila Evandestiera from DKI Jakarta gets silver medal and bronze medal is reached by Tri Gustin from Jambi. In rope equipment; gold medal is reached by Nabila E. from DKI Jakarta, Intan O. from Central Java gets silver medal, and Agmar P. from Jambi gets bronze medal. For hoop; gold medal is reached by Intan O. from Central Java, then Arieska N. from Central Java gets silver medal, and bronze medal is reached by Regina Gita V from North Sumatra. For ball; gold is reached by Reni NH. from West Java, silver medal is reached by Tri Gustin from Jambi, and the lasi is Latifatur R. gets bronze medal. For ribbon; gold medal is reached by Dinda Defriana from DKI Jakarta, Thasya S. from North Sumatra gets silver medal, and Alvia Agustin from East Java gets bronze medal.

From that result could be known that East Java gets 7 gold, DKI gets 5 gold, West Java gets 3 gold, Riau get 2 gold and Jambi, Central Java, West Sumatra respectively get one gold. West Java, Lampung, and North Sumatra respectively get 2 silver medals. Based on that result only 10 provinces are able to attract medal, even 7 provinces do not get medal.

From 31 set medal with compatible discipline, it is needed to spread champion, effect from achievement in all provinces, so level competition in score between athlete will be very tight, it is contribute a good achievement of it is aimed in world championship. A competition usually norm emphatic training target to get best achievement from planning and training program for athlete. But for gymnastic development, a national opportunity or international championship, it is needed for province to have achievement in guiding field, organization training structure program and capital field, it is hoped could be informed to another provinces in aim the successful could be reached.

During the whole PB Persani less in guiding candidate, guiding organization, achievement guiding level and training for coach and referee. This is cause achievement obstacle in provinces that do not have an achievement athlete yet, whether in national level or international level. On the short term work program the formations on PB Persani do not involve all provinces which have gymnastic Pengprov whole Indonesia because almost 5 years PB Persani never does Rakernas.

In this situation and condition, each Pengprov make planning and training program based on various achievement target. It is good if PB Persani as a model in programming because it will make provinces more easy to do the work program. The effect of this, is gymnastics branch will get improvement in achievement and attract student's attention for study and practice.

CONCLUSION

Pekan Olahraga Nasional X 2009 is followed by 17 provinces which involve 54 man athlete and 76 woman athlete, so the number are 130 athletes with the result 10 Pengprov get medal, province which get the most medals are East Java, DKI, West Java, Riau, South Sumatra, Jambi, Central Java, West Sumatra, North Sumatra, and Lampung.

From 17 provinces, 7 provinces do not get medal and there are 6 provinces do not send their athletes, thus still 10 provinces do not create Pengprov Persani yet.

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