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LONG TERM ATHLETICS DEVELOPMENT AND PERFORMANCE PLAN OF INDONESIA

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INTRODUCTION

Indonesian athletics has a long historical background since it was established in 1930. It is understood that in high performance level, Indonesian athletics is still left behind the strong athletics countries in the world as well as in Asia such as China, Japan, and Korea. Even in South-east Asia Indonesia has to work hard to keep up its optimal performance.

After 1997, when the country faced multidimensional problems, almost all development aspects have been stagnated and even decelerated until now. In sport it is even worst, from year to year the performance level of Indonesian team in Sea Games significantly going down. We can see the whole sport performance picture or athletics in Sea Games is follow; in Sea Games 1987 Indonesian athletics team got 17 gold medals, in 1997 got 8 gold medals, and in year 2003 only 4 gold medals left. In Asian Games 1998 we had 1 gold and none in 2002, 2006 and 2010.

How a big country like Indonesia with 4th biggest population in the world has had a terrible problem in sport performance? And how to over-come that problem? It is like a sleeping giant that needs some stimulation and determination to wake up and strive to achieve high performance.

This "Long term athletics development and performance plan of Indonesia 2012 – 2020" is a project proposal which contains a critical analysis about the situation of Indonesian athletics and how to make a constructive plan to rebuild athletics development and performance with some proposal of strategies and action plan. This project is aiming to achieve high performing athletes in ASIAN Games 2014 and 2018 and Olympic Games 2020.

As an athletics organizer, I will take this opportunity to do my best to plan the athletics performance development to make strength athletics country in Asia. It is understand that this is a very difficult task that we have to achieve, but I am sure that by having good cooperation and communication between all of the partisans resources concerned we can make the impossible thing can happen.

GENERAL OVERVIEW

Indonesia is a large archipelagic country with about 16 thousand islands and 220 millions population. Unfortunately athletics is not a popular sport in Indonesia as well as in South-east Asia. The national sports of Indonesia are foot ball and badminton. Athletics probably sixth or seventh after volley ball, basket ball, and tennis.

Following is the general situation of Indonesian athletics in year 2011,

- Athletes : >1000 senior, >2000 junior, >4000 youth, and more than 15 million grass root level in primary schools / physical education).
- Coaches : >1000 (750 level I IAAF coaches, 25 level II coaches, and more than 50.000 PE teacher)
- Facilities :
 - 20 Synthetic tracks, more than 200 cinder tracks
 - Gym / conditioning
 - Scientific and medical department at national level.
- Permanent Training Camps :
 - 2 national senior level (Jakarta and West Java)
 - 33 schools sport centers (PPLP) / youth level (provinces)
- Funding by : National Federation, National Olympic Committee, Government, and sponsors.

Vision statement

"To become strong athletics country in Asia"

By having the strong points above I believe that Indonesian athletics can emulate or surpass to one of the strong countries in Asia like China, Japan, and India. For that purpose we need to plan and make a special step to make the dream becomes a reality.

Mission

- The best in South-east Asia
- Medal tradition in Olympic Games / starting in 2020.
- Make athletics to become a popular sport in the country.

Games year, and final evaluation will be in 2020 after Olympic Games with the purpose of evaluating the pre-determined objective.

This evaluation will decide whether this plan is considered successful or failed in carrying out his program. It is the Board of National Federation who will recommend on further program that proposed by the chief coach

5. Competitions time-line

Activities	2012	2013	2014	2015	2016	2017	2018	2019	2020
National Games	■				■				■
Nat (Sr, Jr, Yt) Ch	■	■	■	■	■	■	■	■	■
Sea Games		■		■		■		■	
Asian Games			■				■		
Asian Jr Champ.	■		■		■		■		■
World Jr Champs	■		■		■		■		■
Asian Champs.		■		■		■		■	
World Champs.		■		■		■		■	
Olympics Games	■				■				■

CONCLUSION

Indonesia is a big country with 4th biggest population in the world, but in sport performance it is still left behind other big country like USA, China and India especially in athletics. With regard to the above situation Indonesian athletics has to make a long term athletics performance development plan to face future situation in athletics performance, not only in Southeast Asia or Asia, but also in the world level like Olympiade.

The long term athletics development plan will make athletics development more structured and can be controll in order to make all the performance critical factor can be reach such as; Athletes development, coaches development, supporting system and better management and organization.

With above plan, people can see the road map or the development objectives of athletics in Indonesia especially in competition performance from low level like National Games, National Championships, and SEA Games to high international level like ASIAN Games, World Athletics Championships and Olympic Games. Finally we do hope that the vision and mission of Indonesia Athletics will become reality.

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