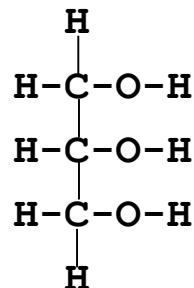


# Oils and Fats

# *Chemical structure.*

- Oils and fats – important for storing chemical energy in living things.
- Oils are liquids – fats are solids.
- Made from **esters** of **propane-1,2,3,triol** (glycerol) + long chain carboxylic acids **RCOOH**.



*Propane-1,2,3-triol*



*palmitic acid*

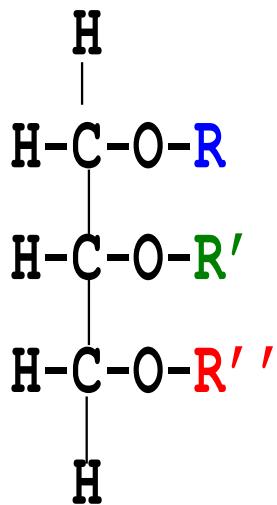
# STRUKTUR ASAM LEMAK



*Table 11 Common fatty acids*

| <b>Structure</b>   | <b>Traditional name</b> | <b>Origin of name</b>                 |
|--|-------------------------|---------------------------------------|
| $\text{CH}_3(\text{CH}_2)_{14}\text{COOH}$   | palmitic acid           | palm oil                              |
| $\text{CH}_3(\text{CH}_2)_{16}\text{COOH}$   | stearic acid            | suet<br>(Greek: <i>stear</i> )        |
| $\text{CH}_3(\text{CH}_2)_7\text{CH}=\text{CH}(\text{CH}_2)_7\text{COOH}$                        | oleic acid              | olive oil                             |
| $\text{CH}_3(\text{CH}_2)_4\text{CH}=\text{CHCH}_2\text{CH}=\text{CH}(\text{CH}_2)_7\text{COOH}$ | linoleic acid           | oil of flax<br>(Latin: <i>linum</i> ) |

# Types of triesters



- **Triesters**

(triglycerides) –  
3 carboxylic  
acids react with  
triol.

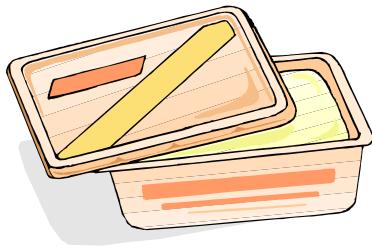
- **Mixed triesters** –  
three acid  
groups, not all  
alike often found  
in natural oils  
and fats.

# *Fats and fatty acids.*

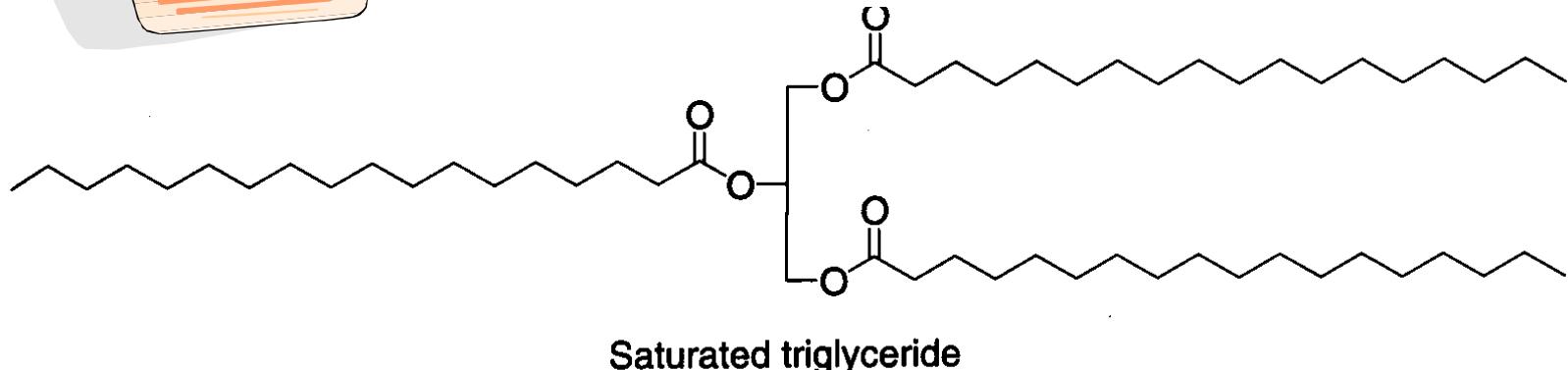
- Unbranched hydrocarbon chains.
- Called fatty acids – occur in fats!!!
- Fully unsaturated / 3 or 4 double bonds.
- Still known by old names – systematic names too long.
- Thought to cause blockage of blood vessels and heart disease, especially the saturated ones.

# Fat facts!

- Natural oils and fats are **mixtures of triesters**.
- Can be split up by **hydrolysis**, heat with conc. NaOH.
- **Triester + NaOH → glycerol + sodium salt of acid**
- Basis of soap manufacture eg. "Palmolive"
- Convert sodium salts to free acids by adding dil. HCl or other mineral acid.



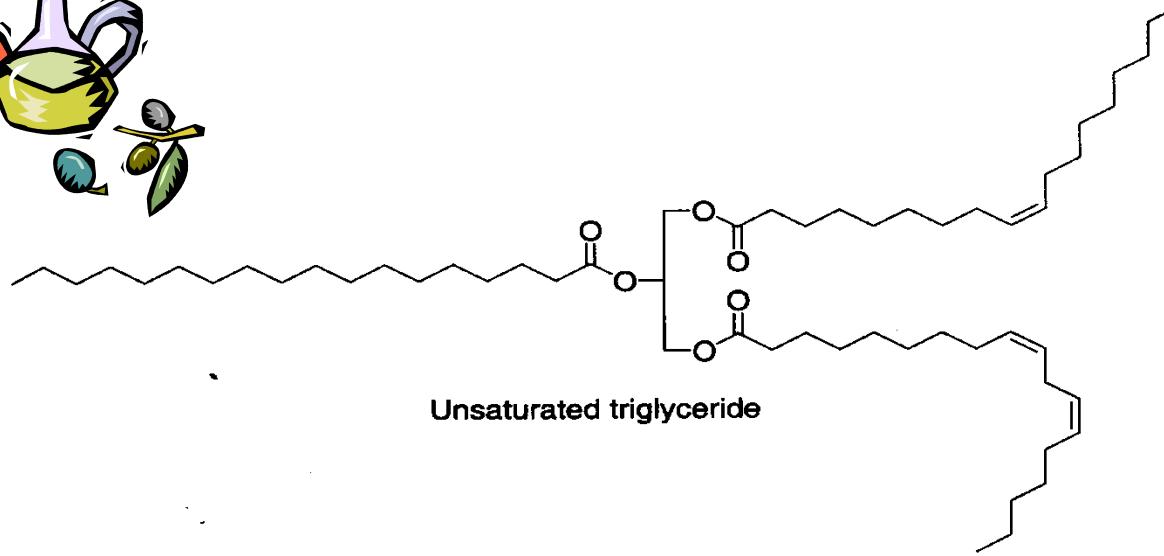
# Solid or...?



- Fatty acids present in mixture affect the properties.
- Saturated triglycerides pack closely together.
- Attractive forces - higher melting point.

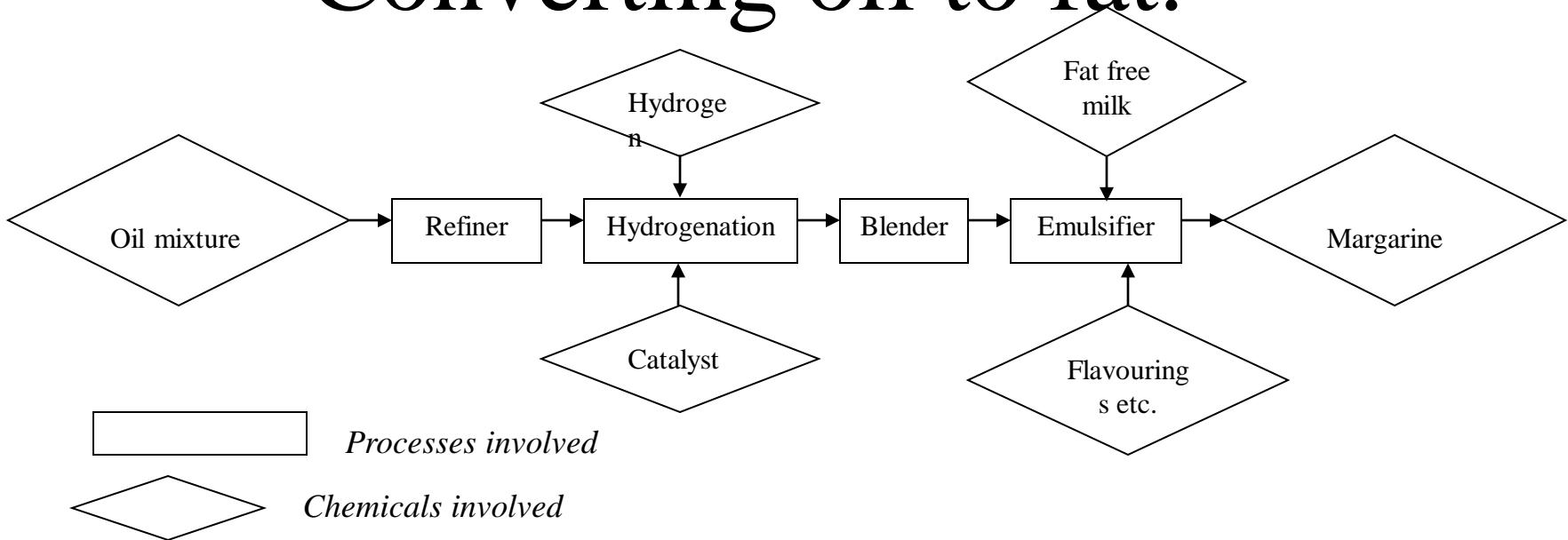


# ...or Liquid?

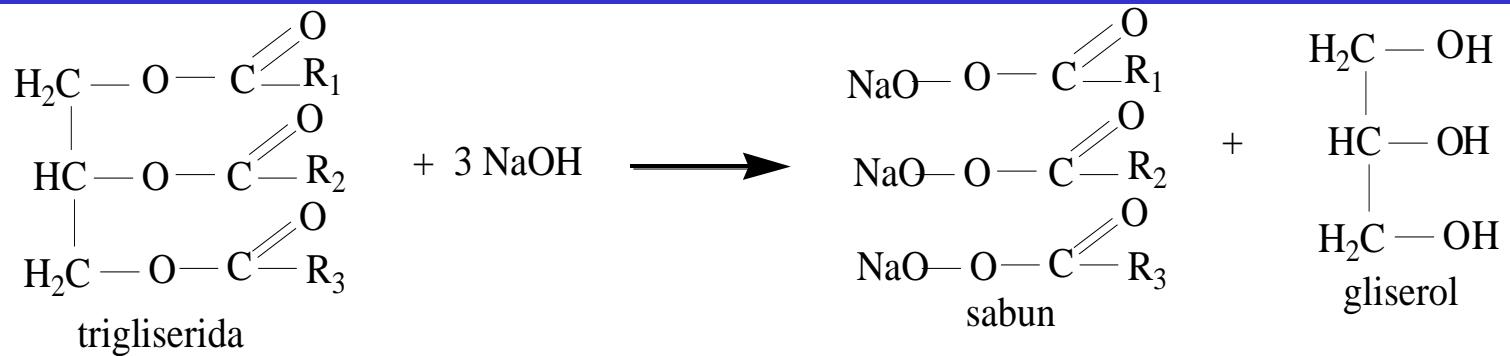
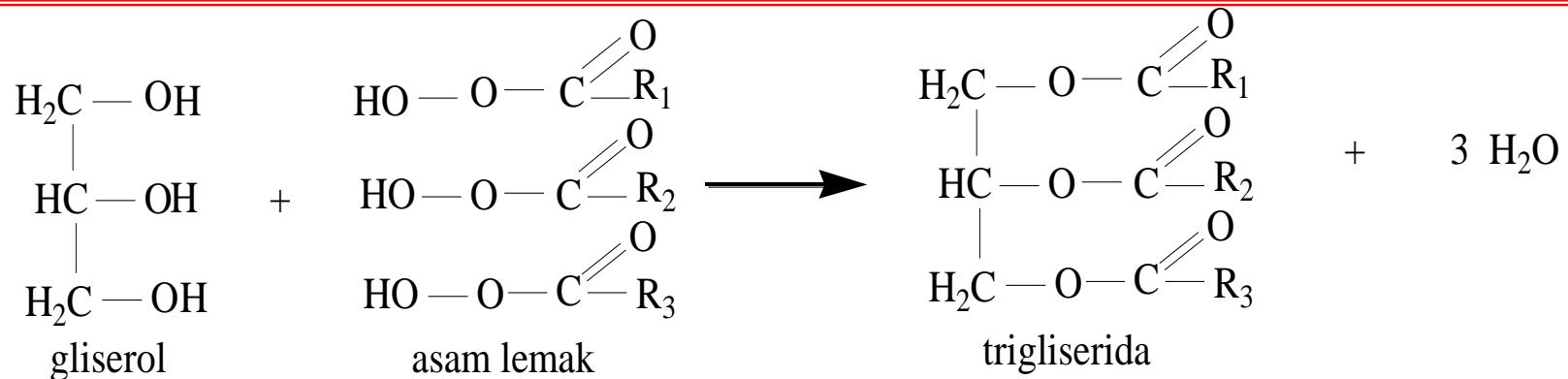


- Unsaturated triglyceride molecules cannot pack closely together because of *cis* double bonds - causes kinks!
- Intermolecular forces are weaker.
- Less energy needed to separate molecules - lower melting point.

# Converting oil to fat.



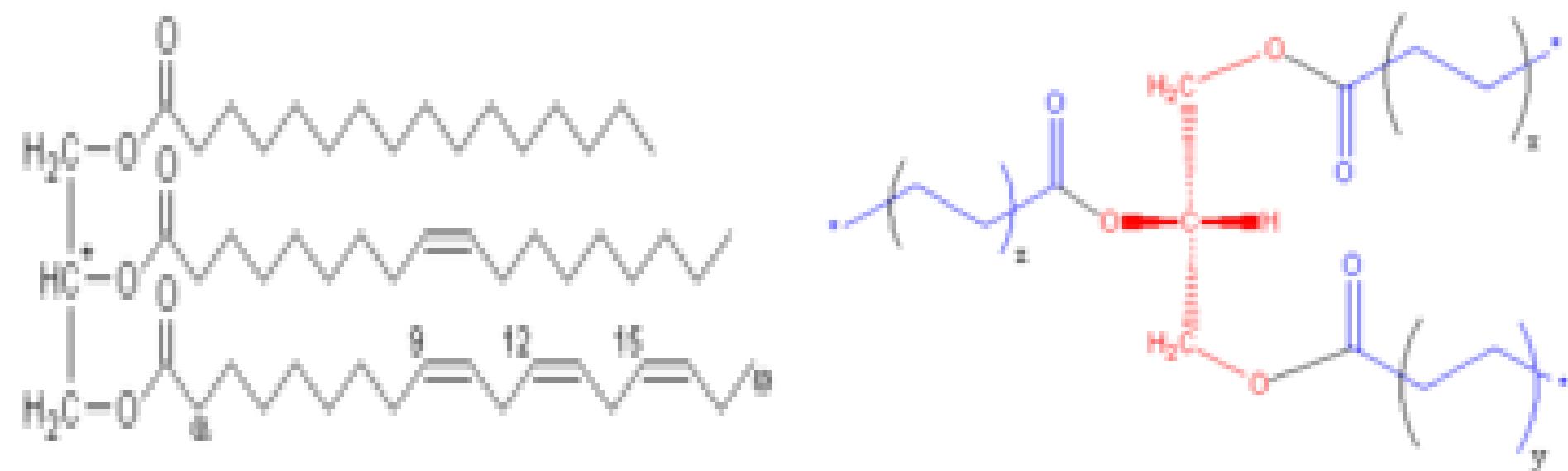
- Most natural oils need processing to make them fit for use.
- **Hydrogenation** of unsaturated oils - make margarine.
- *Controlled* hydrogenation makes oils more solid.
- Pass  $H_2$  through heated oil - nickel catalyst.
- Add flavourings, salt, vitamins etc.



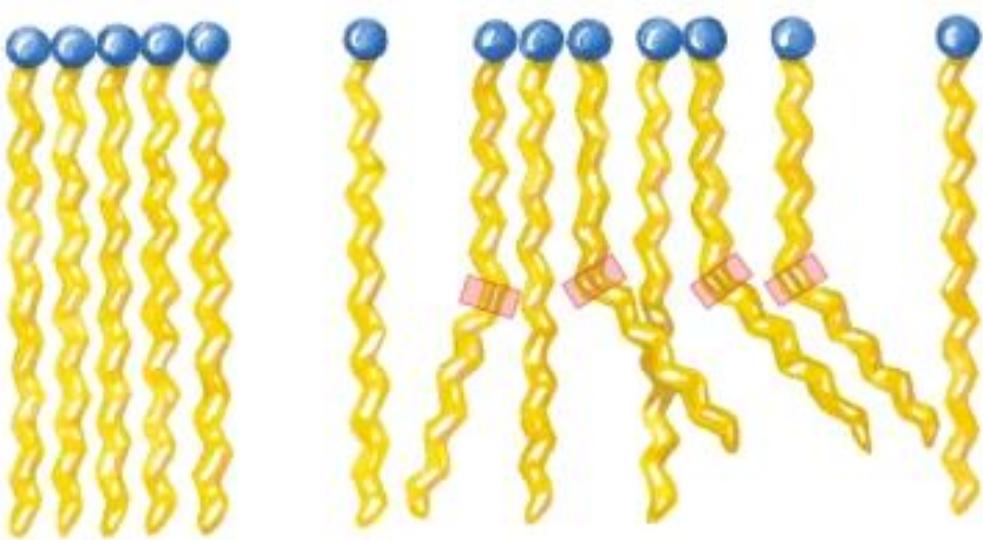
# Triglycerida

(atau lebih tepatnya **triasilgliserol** atau **triasilgliserida**) adalah sebuah gliserida, yaitu ester dari gliserol dan tiga asam lemak.<sup>[1]</sup> Triglycerida merupakan penyusun utama minyak nabati dan lemak hewani.

Rumus kimia triglycerida adalah **CH<sub>2</sub>COOR-CHCOOR'-CH<sub>2</sub>-COOR"**, dimana R, R' dan R" masing-masing adalah sebuah rantai alkil yang panjang. Ketiga *asam lemak* RCOOH, R'COOH and R"COOH bisa jadi semuanya sama, semuanya berbeda ataupun hanya dua diantaranya yang sama.

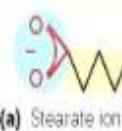
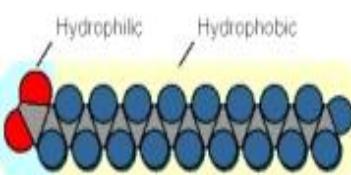


Struktur umum triglycerida

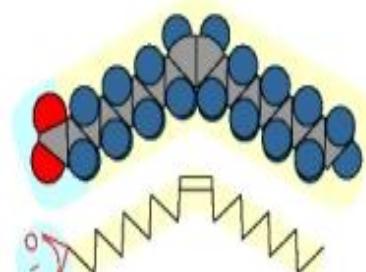


Saturated fatty acids

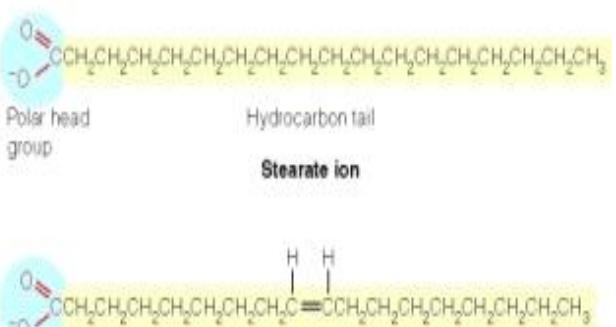
(c)



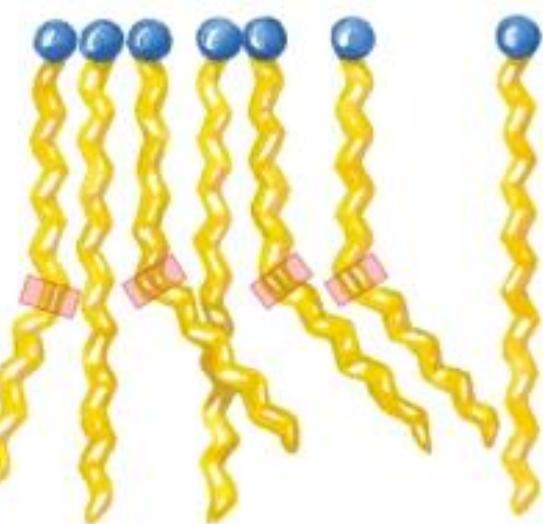
(a) Stearate ion



(b) Oleate ion

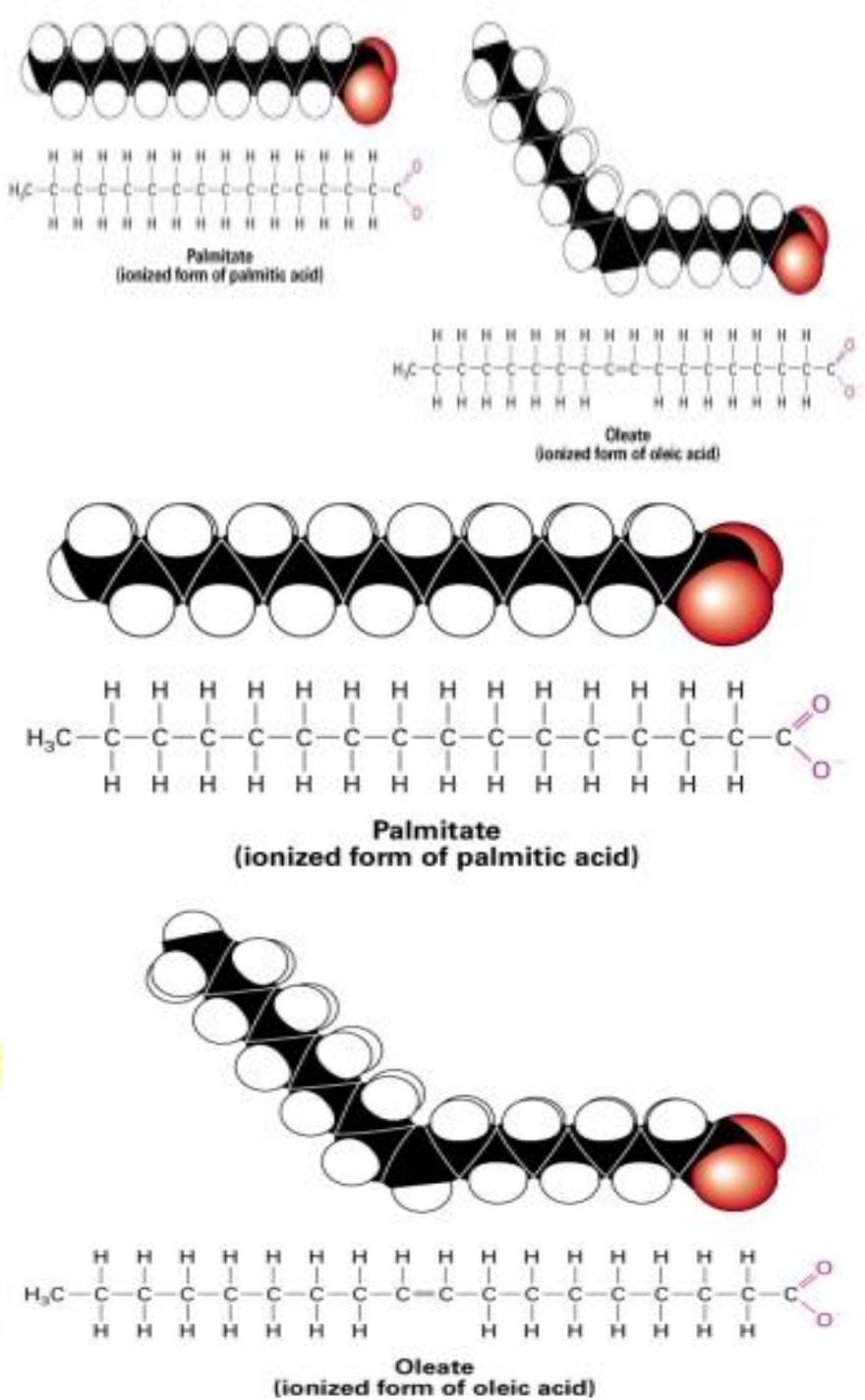


(c) Formulas



Mixture of saturated and unsaturated fatty acids

(d)



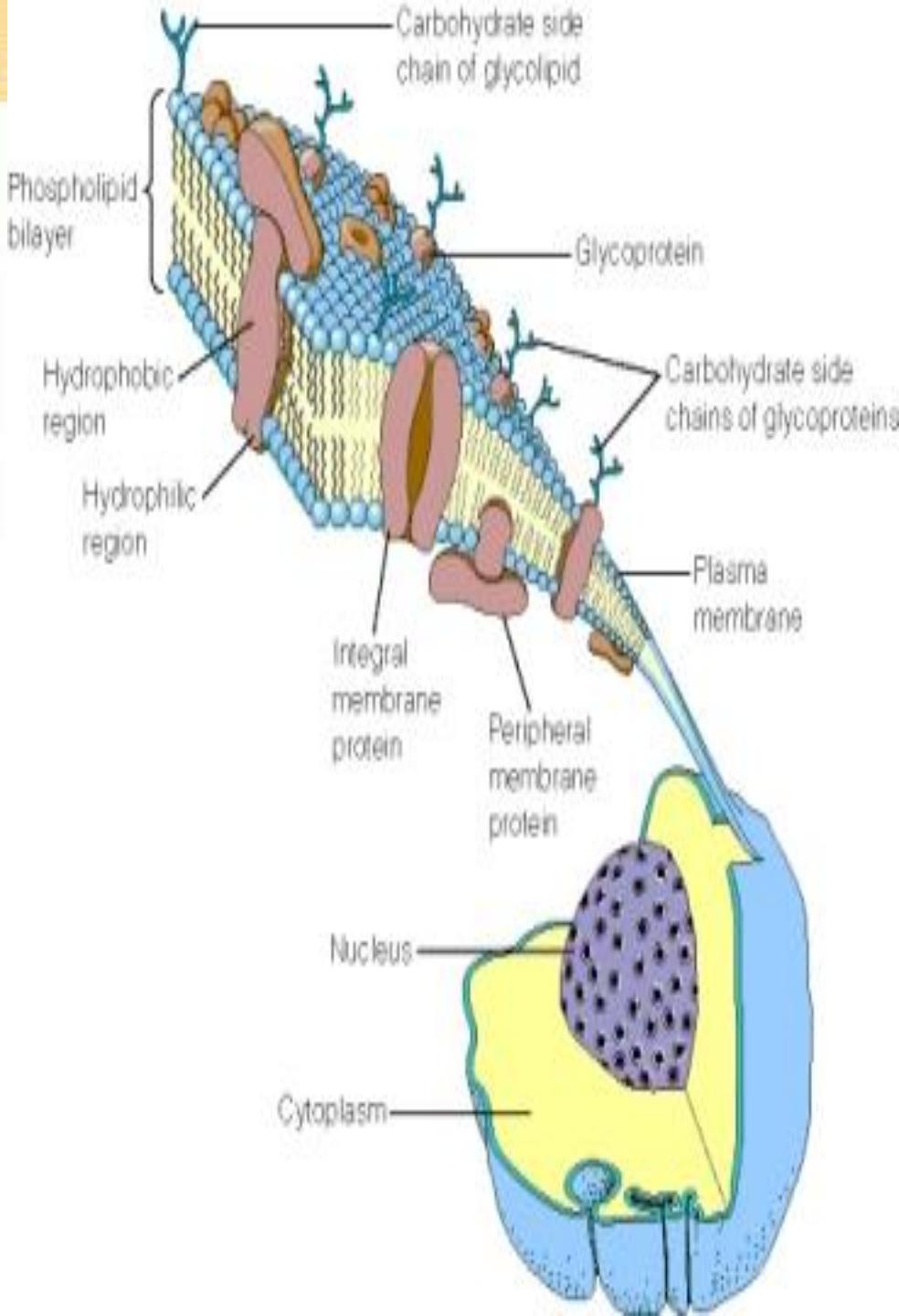
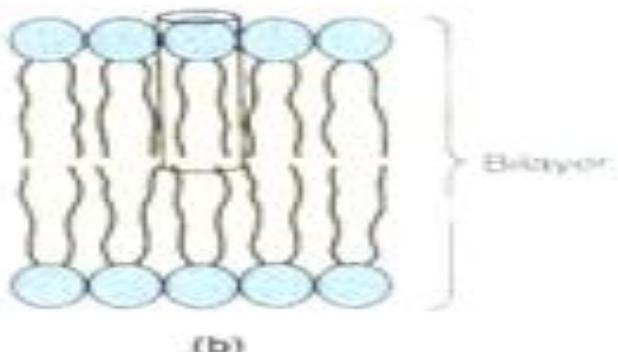
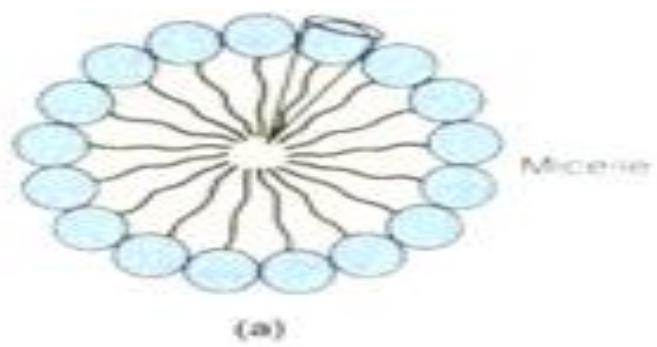
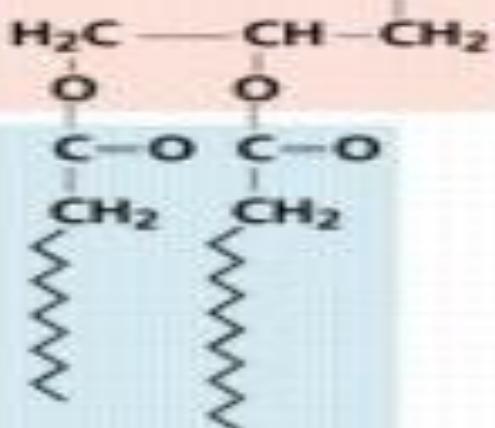
## Phosfolipid

Is ester glycerol, only with 2 fatty acid that bond in the atom C<sub>1</sub> and C<sub>2</sub> of glycerol

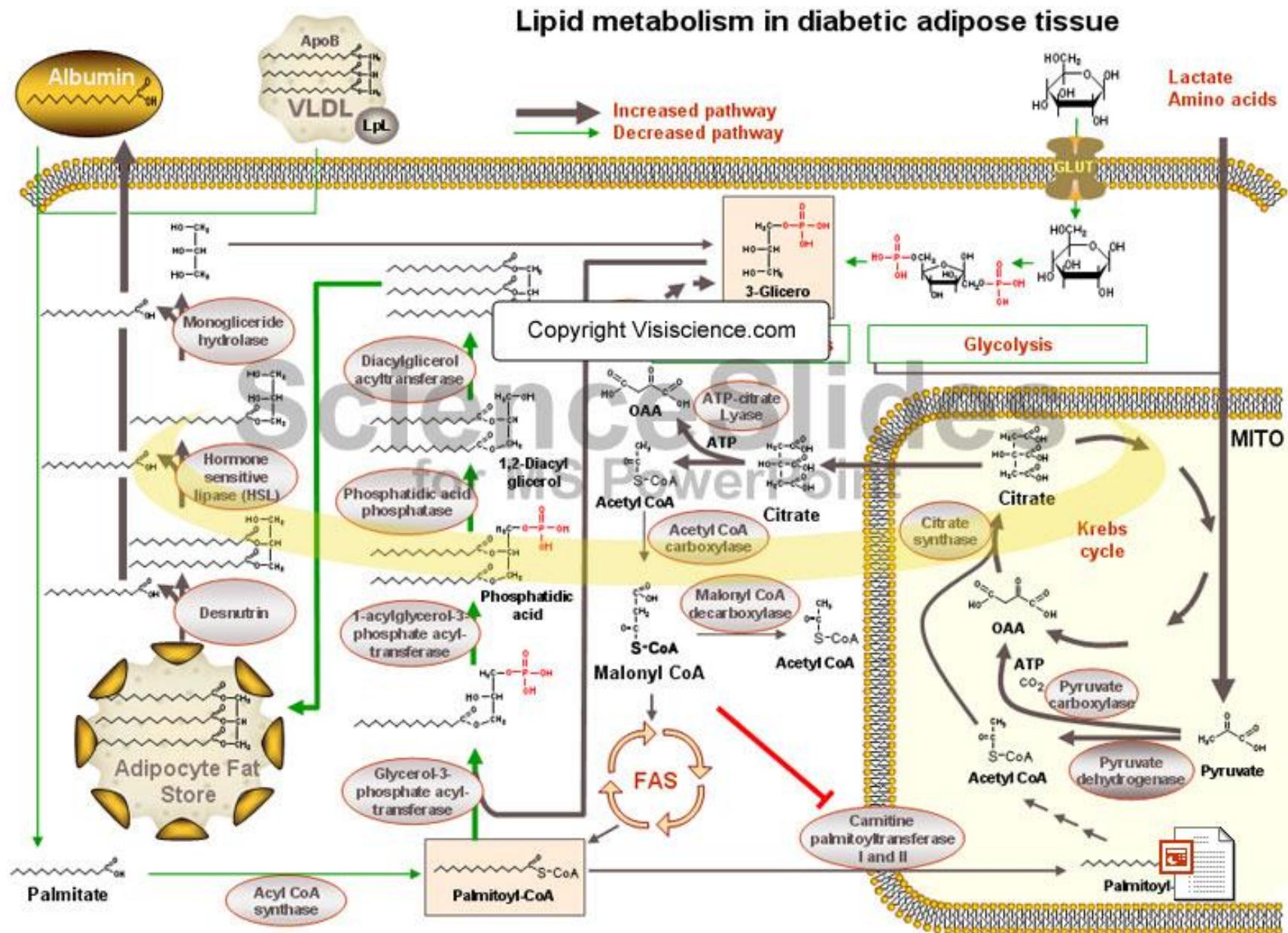
And C<sub>3</sub> was ester by phosphate acid, that have a binding with other alcohol group: cholina, ethanolamina, serin, dan inositol.

- phosfatidilkolin (alcohol have a binding with kolin),
- phosfatidil etanolamin (a binding with etanolamin),
- phosfatidil serin.

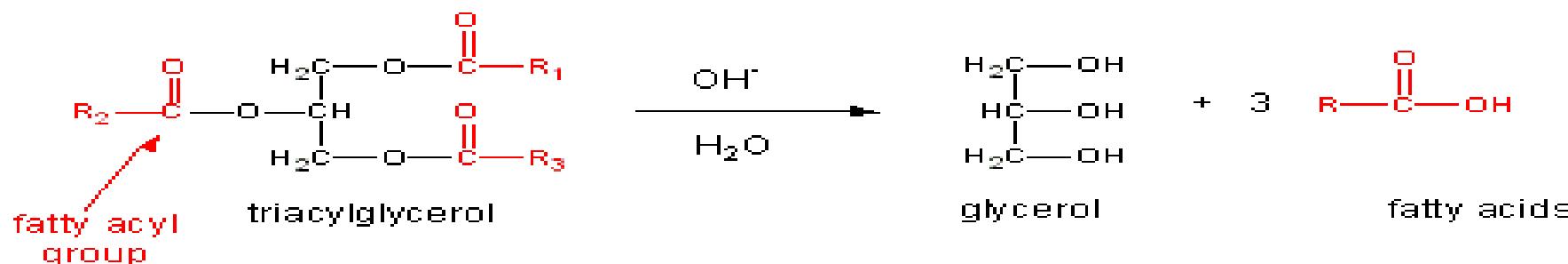
## Phosphatidate



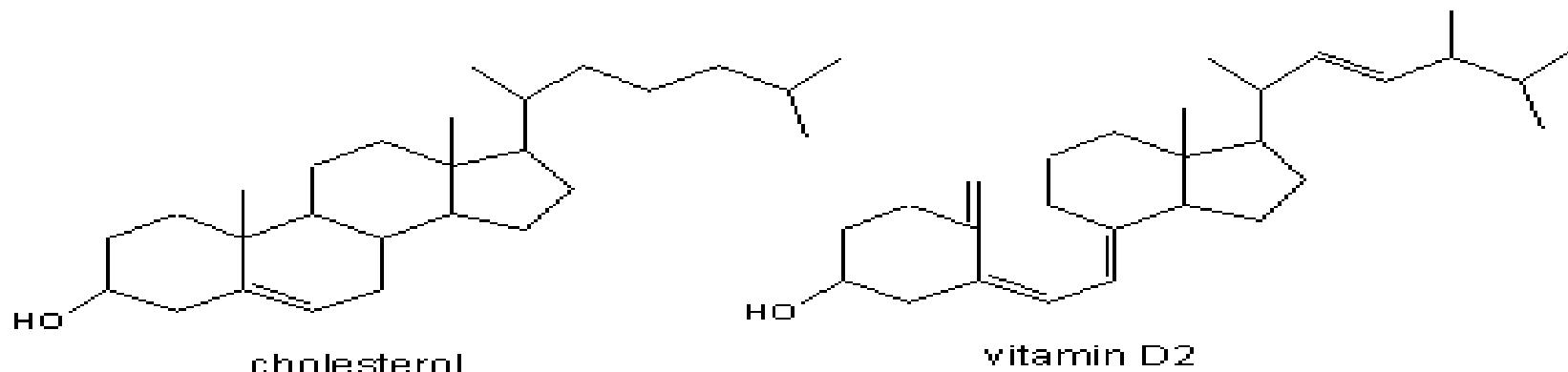
## Lipid metabolism in diabetic adipose tissue



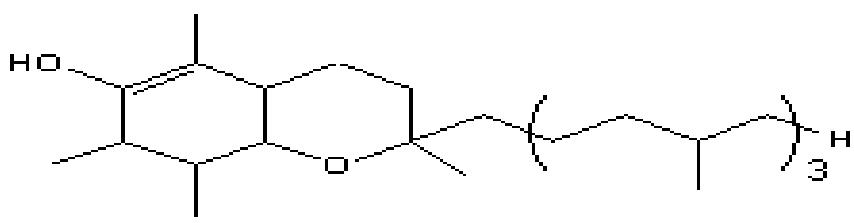
**EX: SAPONIFIABLE LIPIDS - can be hydrolyzed by OH-**



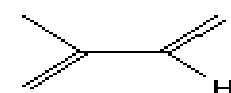
**EX: NONSAPONIFIABLE LIPIDS - can't be hydrolyzed by OH-**



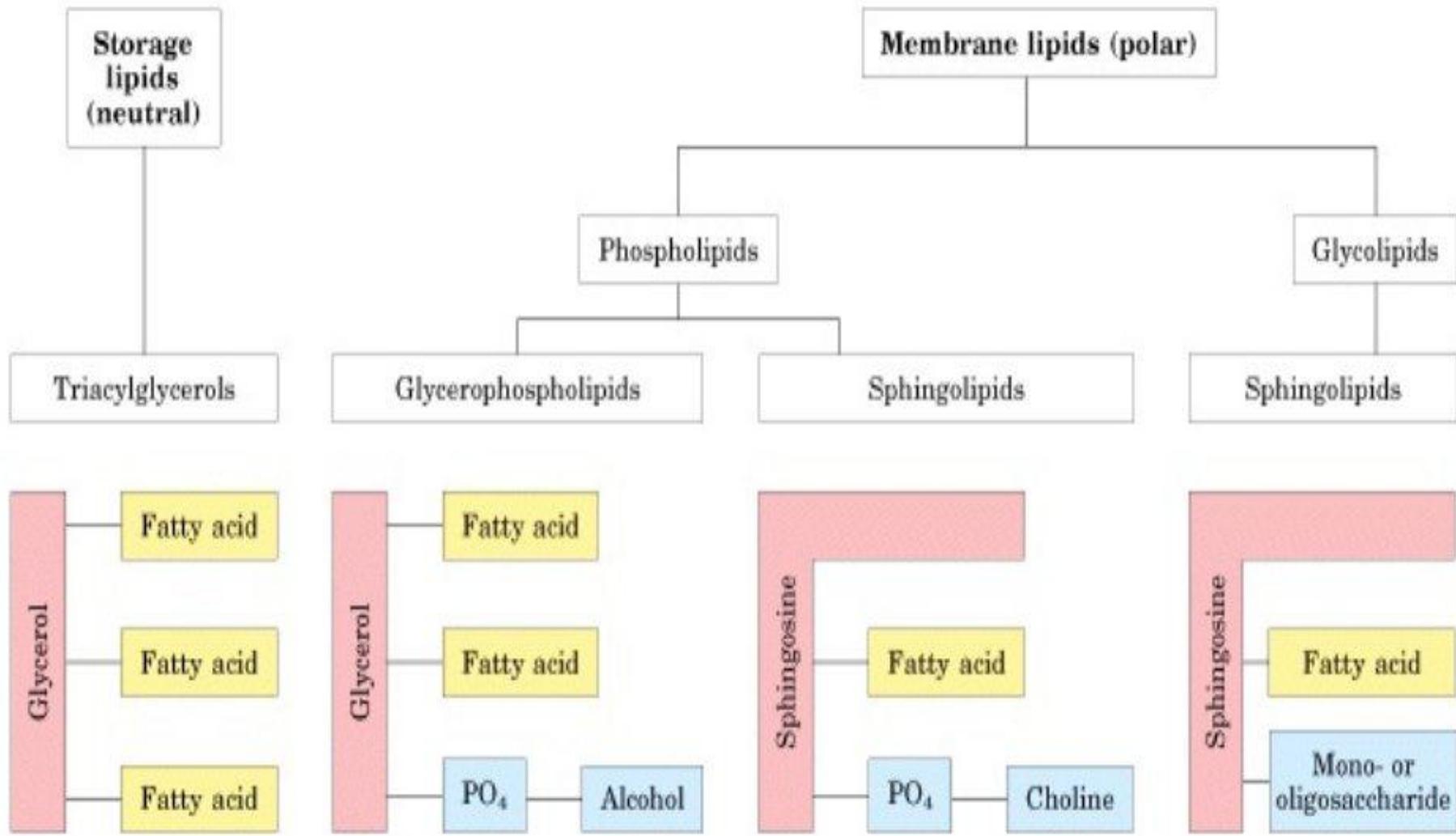
often derivatives of isoprene

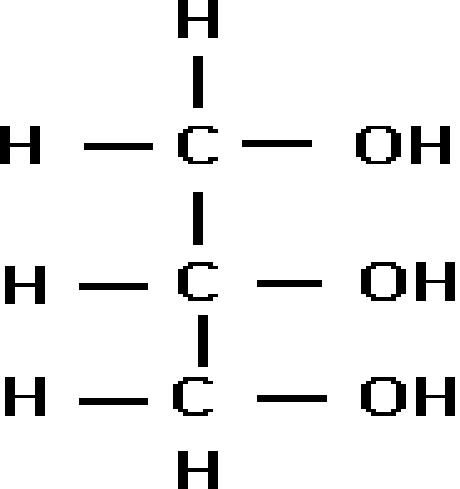


$\alpha$ -tocopherol  
vitamin E

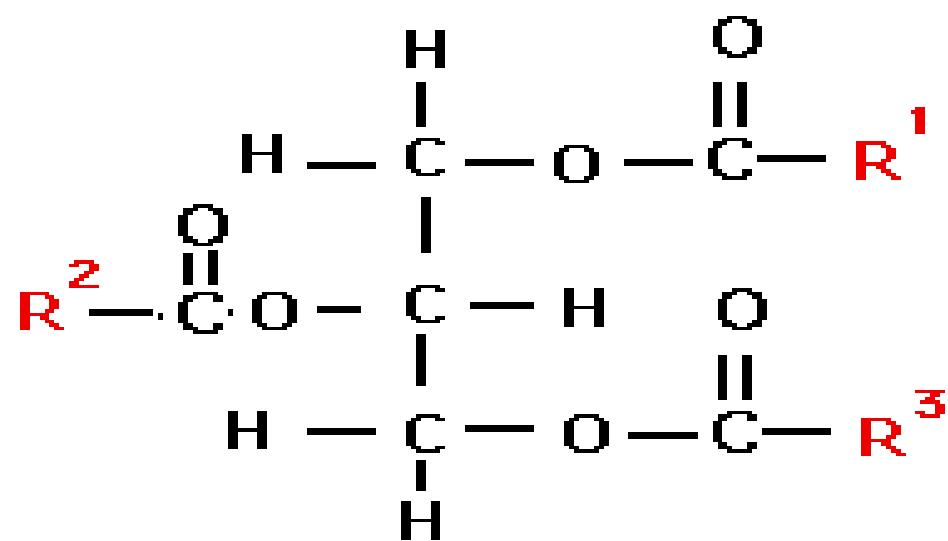


# The Structure of Lipids





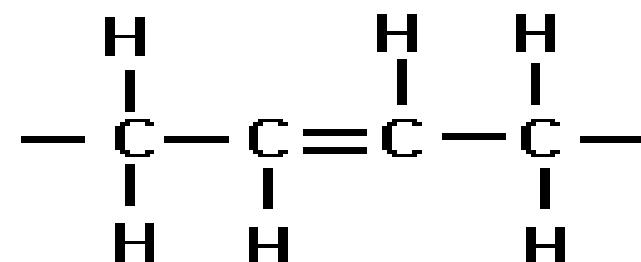
## Glycerol



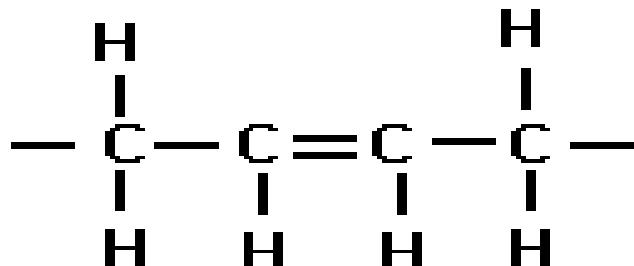
## Triglyceride



**Saturated Fatty Acid** (Butyric acid)



Trans double bond



Cis double bond

Unsaturated

