

The Australian Strength and Conditioning Association Inc. Certify that

Mr Tri Hadi Karyono

Has met the requirements established by the Australian Strength and Conditioning Association in the areas of Strength Training and Physical Conditioning for beginner athletes including program design, supervision of, teaching and evaluation of and has therefore, been accorded the title of

Level One Strength and Conditioning Coach

From the 1st of February, 2012

Until the 31st of January, 2016

Peter Currell
ASCA General Manager







This is to certify that

Mr Tri Hadi Karyono

Is a member of the

Australian Strength and Conditioning Association Inc.

Until the 31st of January, 2013

opportunities based on bridging the gap between sports science and the practical application. It also recognizes that physical preparation is an art as well The Australian Strength and Conditioning Association aims to facilitate professional development for persons involved in the physical preparation of the athlete. It recognizes that for these people practical applications of scientific principles is of utmost importance and therefore provides educational as a science and therefore provides avenues for exchanging of theories and methods of optimal physical preparation.

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National Executive Officer Susan Currell



Peter Currell

General Manager