

**Yogyakarta State University  
Faculty of Sport Sciences  
Physical Education Health and Recreation Program  
PNJ 212-Persiapan Profesi Guru Penjas**

**Instructor:** Herka Maya Jatmika

**Office:** Lecturer Room, GOR

**Phone:** 081229000923 (text only)

**Credit hours:** 2

**Class meeting times:** Thursday 08.50-10.30 Am

**Office hours:** Monday-Wednesday 09.00 Am-04.30 Pm

**Class:** PJKR A

**E-mail:** wecare.tpp@gmail.com

**Class location:** B.27.3.02

**Course text:**

Richard Tinning, et all. 2001. *Becoming a Physical Education Teacher: Contemporary and Enduring Issues*. Australia: Prentice Hall.

**(Additional readings will be provided)**

**Course Description:**

This course preparing students to become professional physical education teacher. Connect knowledge and experiences in becoming a physical education teacher with a progressively widening and analytic view of the world of physical educatin, physical activity, and schooling that they can achieve professionalism and enhance professionalisation in physical educator profession.

**Purpose/Rationale**

Students are able to understand and apply severals theme in becoming professional physical education teacher both outstanding performances in IQ, EQ, and SQ on school and other places.

**Course Requirements:**

Attend all classes unless an excuse for professional reasons is provided

Complete and turn in all assignments

Complete all readings

Participate in class activities

Free and open exchange of ideas

**Assignments:**

1. Participation-attendance, readings, homework, support group, and in class assignment (30%)
2. Off-class project presentations. Individuals or pairs or group will present a project which correlated to the themes on the course. (25%)
3. Final exam. The exam will include information from discussions, readings and presentations. The exam can and will take a variety of formats beyond the traditional paper and pencil test. (20%)
4. Individual project proposal and presentations. (25%). Late proposal section will equal a 50% deduction in points.
  - You will construct a physical education teacher project proposal. This will be a 5-8 pages (double spaced).
  - It should contain the following sections:
    - Statement of the problem
      - What is the problem?
      - How has it been addressed in the literature? (include 3-5 references on the topic)
      - What is the gap in the literature
    - Discussion
    - Summary

**Notes:**

- Class participation and attendance are important in a process-oriented course such as this one, but I understand that things come up. Therefore, if you are going to be absent, please contact the instructor as soon as possible, any materials missed must be made up when possible.
- Remember: good education requires good teachers
- No plagiarism.
- Only water allowed in class.
- Behavior is an important part of personal intellectual.
- Please extend courtesy to your instructor and fellow students by turning off your cell phones and any gadgets. Thank you for your cooperation.
- Dress expectations: students are expected to dress in formal clothing that represents a professional physical education teacher.

**Tentative Class Schedule**  
 (Topics, dates and readings can be changed to meet the learning needs of the students and unforeseen circumstances)

Class: PJKR A

Date	Basic Competency	Content	Strategy	Resource material /Reference
Feb 17	Introduction		Discussion	
Feb 24	Understand the meaning and the significance of becoming a reflective physical education teachers	<ul style="list-style-type: none"> <li>• Reflection</li> <li>• Reflective physical education teacher</li> <li>• Pedagogy curriculum</li> </ul>	Lecture Discussion	<i>Becoming a Physical Education Teacher</i>
Mar 3	Understand about physical education teacher competences	<ul style="list-style-type: none"> <li>• Pedagogy competence</li> <li>• Professional competence</li> <li>• Social competence</li> <li>• Personal competence</li> </ul>	Lecture Discussion	<i>Becoming a Physical Education Teacher</i>
Mar 10	Know and understand about teachers, teaching images, and roles	<ul style="list-style-type: none"> <li>• Teacher and teaching images</li> <li>• Teacher's work</li> <li>• Teachers and change</li> <li>• Student teachers of physical education</li> </ul>	Lecture Discussion Presentation	<i>Becoming a Physical Education Teacher</i>
Mar 17	Understand the meaning and the roles of physical educator profession	<ul style="list-style-type: none"> <li>• Professional</li> <li>• Professionalism</li> <li>• Professionalisation</li> </ul>	Lecture Discussion Presentation	<i>Becoming a Physical Education Teacher</i>
Mar 24 & 31	Having strong motivation with physical education profession	<ul style="list-style-type: none"> <li>• The Equity Theory for motivation</li> <li>• The reinforcement theory in practice</li> <li>• The relationship between the three contingencies of Vroom's expectancy theory</li> <li>• Greater understanding</li> </ul>	Lecture Discussion Presentation	<i>Becoming a Physical Education Teacher</i>

		of one's own motivational needs through self assessment		
Apr 7	Understand with the multitasking of school physical education and their application	<ul style="list-style-type: none"> <li>• Historical education background</li> <li>• Phylosophical perspectives</li> <li>• Formal education and Non-formal education</li> <li>• Educational output</li> <li>• Educational outcomes</li> </ul>	Lecture Discussion Presentation	<i>Becoming a Physical Education Teacher</i>
<b>Apr 14</b>	<b>Mid-test (tentative)</b>			
Apr 21	Understand the diversity of backgrounds and experiences of school students to bring physical education lessons	<ul style="list-style-type: none"> <li>• Recognise the relationship between students identities and their knowledge, skills and attitudes in relation to physical activity and physical education</li> </ul>	Lecture Discussion Presentation	<i>Becoming a Physical Education Teacher</i>
Apr 28	Understand and recognise the physical education curriculum and how to enhance school physical education curriculum	<ul style="list-style-type: none"> <li>• The physical education curriculum</li> <li>• Contemporary curriculum issues and practice</li> <li>• Curriculum making in physical education</li> <li>• Rethinking curriculum, the changes and possibilities</li> </ul>	Lecture Discussion Presentation	<i>Becoming a Physical Education Teacher</i>
May 5	Understand about Teacher certification and its values	<ul style="list-style-type: none"> <li>• Main reasons</li> <li>• Teacher certification prerequisite</li> <li>• Application of the certification</li> <li>• The impacts of certification</li> </ul>	Lecture Discussion Presentation	<i>Becoming a Physical Education Teacher</i>
May 12	Understand with the basic concepts of management, classroom management, and	<ul style="list-style-type: none"> <li>• Management and classroom administration</li> <li>• Way of understanding about classroom management</li> </ul>	Lecture Discussion Presentation	<i>Becoming a Physical Education Teacher</i>

	rethinking about classroom management	<ul style="list-style-type: none"> <li>• Classroom management and students behavior</li> <li>• Classroom management and effective teacher</li> </ul>		
May 19	Understand with the primary physical education national standadrs	<ul style="list-style-type: none"> <li>• Basic concepts of primary physical education teacher</li> <li>• The concepts of physical education national standards</li> </ul>	Lecture Discussion Presentation	<i>Becoming a Physical Education Teacher</i>
May 26	Understand the concepts of teach and become reflective teacher	<ul style="list-style-type: none"> <li>• Factors needed to be good physical education teacher</li> <li>• Teaching with the reflective way</li> <li>• Teacher responsibilities</li> <li>• Preparing for the future</li> </ul>	Lecture Discussion Presentation	<i>Becoming a Physical Education Teacher</i>
Jun 9*	<b>Final-test</b>  <b>*(date will be confirmed soon)</b>			