# **MOTIVATION THEORY**

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### What is Motivation?

- Motivation refers to the process by which a person's efforts are energized directed and sustained towards attaining a goal.
- Three key elements
- I. Energy
- **II.** Direction
- **III.** Persistence

### Energy:

The energy element is a measure of intensity or drive. A motivated person puts forth effort and works hard however the quality of effort must also be considered.

### Direction:

 High levels of effort do not necessarily need to favorable job performance unless the effort is channeled in a direction that benefits the organization.

### Persistence:

 Effort that is directed toward and consistent with organization goals is the kind of effort we want from employees.

Finally motivation includes a persistence dimension. We want employees to persist in putting forth effort to achieve those goals.

### THEORIES OF MOTIVATION

Maslow's Hierarchy Of Needs Theory
McGregor's Theory X and Theory Y
Herzberg's Two-Fact Theory
McClelland's Three-Needs Theory

### Maslow's Hierarchy Of Needs Theory

- Maslow Argues that each levels in needs hierarchy must be substantially satisfied before the next need becomes dominant.
- An individual moves up the needs hierarchy from one level to the next.
- He considered psychological and safety needs(lower order needs)
- He considered social, esteem, self actualization needs (higher order needs)
- Lower order needs are predominantly satisfied externally
- Higher order needs are satisfied internally

Self-Actualization Needs

(realizing your full potential)

#### **Esteem Needs**

(being respected by others as a result of your accomplishments)

#### Social Needs

(being loved, befriended, and accepted by others)

#### **Safety Needs**

(feeling safe and sheltered from harm)

#### **Physiological Needs**

(needing food, water, and sleep)

### McGregor's Theory X and Theory Y

- Douglas McGregor is best known about two assumption of human nature. Theory X and Theory Y
- Theory X is a negative view of people
- Theory Y is a positive view of people
- Theory Y assumption should guide management practice and proposed that participation and decision making responsible and challenging jobs and good group relations would maximize employee motivation.

## Herzberg's Two-Fact Theory

- Also Called motivation hygiene theory
- Have two factors
- i. Intrinsic factors: job satisfaction
- ii. Extrinsic factors: job dissatisfaction

Motivator	Hygiene
Achievement	Salary
Recognition	Potential for growth
The work itself	Interpersonal relations
Responsibility	Status and working conditions
Advancements	Technical supervision
	Company policy and administration
	Job security

### **McClelland's Three-Needs Theory**

- David McClelland and his associates proposed the three needs theory which says there are three acquired(not innate{not in born}) needs that are major motivators in work
- Three needs are:
- i. Need for achievement
- ii. Need for power
- iii. Need for Affiliation



