

## UNIT VI

### HEALTH AND SPORTS

A. Match each person on the left with the best treatment on the right. Compare your answer with a partner.



#### Problem

1. a cold *h*
2. a sore throat \_\_\_
3. a headache \_\_\_
4. a toothache \_\_\_
5. the flu \_\_\_
6. an upset stomach \_\_\_
7. a backache \_\_\_
8. an ear infection \_\_\_

#### Treatment

- a. take aspirin
- b. gargle with warm water
- c. go to the dentist
- d. stay in bed
- e. use ear drops
- f. see a chiropractor
- g. take an antacid
- h. take vitamin C or cold medicine

B. People are talking about New Year's resolution. What is each person going to do? Listen and circle the correct answer.

1. a. do more exercise  
b. put on weight
2. a. learn to swim  
b. give up smoking

3. a. do more walking  
b. take up jogging
4. a. join a gym  
b. put on weight

5. a. eat less meat  
b. lose some weight
6. a. take up jogging  
b. start doing sit-ups

**C. People are talking about health problem. Listen and check the correct information.**

1. Patrick
 

What is the problem?	<input type="checkbox"/> a headache	<input type="checkbox"/> a stomachache
When did the problem start?	<input type="checkbox"/> this morning	<input type="checkbox"/> last night
Has he had this problem before?	<input type="checkbox"/> yes	<input type="checkbox"/> no
Has he taken anything for it?	<input type="checkbox"/> yes	<input type="checkbox"/> no
Has he seen a doctor for it?	<input type="checkbox"/> yes	<input type="checkbox"/> no
  
2. Jenna
 

What is the problem?	<input type="checkbox"/> a sore arm	<input type="checkbox"/> a sore hand
When did the problem start?	<input type="checkbox"/> on Saturday	<input type="checkbox"/> on Sunday
Has she had this problem before?	<input type="checkbox"/> yes	<input type="checkbox"/> no
Has she taken anything for it?	<input type="checkbox"/> yes	<input type="checkbox"/> no
Has she seen a doctor for it?	<input type="checkbox"/> yes	<input type="checkbox"/> no
  
3. Kenneth
 

What is the problem?	<input type="checkbox"/> an eye infection	<input type="checkbox"/> an ear infection
When did the problem start?	<input type="checkbox"/> last week	<input type="checkbox"/> last weekend
Has he had this problem before?	<input type="checkbox"/> yes	<input type="checkbox"/> no
Has he taken anything for it?	<input type="checkbox"/> yes	<input type="checkbox"/> no
Has he seen a doctor for it?	<input type="checkbox"/> yes	<input type="checkbox"/> no
  
4. Alexis
 

What is the problem?	<input type="checkbox"/> food poisoning	<input type="checkbox"/> a stomachache
When did the problem start?	<input type="checkbox"/> two days ago	<input type="checkbox"/> two weeks ago
Has she had this problem before?	<input type="checkbox"/> yes	<input type="checkbox"/> no
Has she taken anything for it?	<input type="checkbox"/> yes	<input type="checkbox"/> no
Has she seen a doctor for it?	<input type="checkbox"/> yes	<input type="checkbox"/> no



**Task 2**

Listen again. What phrase completes each statement? Write the correct letter.

1. If he's not better, he can't go to \_\_\_\_ a. play tennis.
2. If she's not better, she won't be able to \_\_\_\_ b. play in a band.
3. He has to \_\_\_\_ c. his friend's concert.
4. She probably won't go to \_\_\_\_ d. her friend's party.

D. People are comparing different kinds of exercise. Which kind of exercise does each person prefer now?

